

WHO Standards & Curriculum for
WHO accredited training:
"The Twilight Healing Journey, WHO"

The qualification for "The Twilight Healing Journey, WHO" is accredited by the WHO. The member of the WHO institute: Z Origin, with its "Hypnosis Master Trainer, WHO": Maha Zayed, who developed the curriculum, has the right to seal the certificates of this certification course with a WHO seal. If you have any questions, please contact our "Hypnosis Master Trainer, WHO" Maha Zayed from Z Origin, directly.

Email: zorigineg@gmail.com

Facebook page: facebook.com/zorigineg/

Whatsapp numer: +201024022507

Duration & procedure of the training of the 90 hours/18 days:

- Participants have to attend all the training days and get involved in all the tasks
- Participants have to listen to the wiring meditation made in each chapter for 21 days
- Participants share their own reflections and realizations throughout the duration of the journey and not just on the training days
- Participants keep on observing the progress they made since the first day till the last day of their journey

Training content for “The Twilight Journey”

Chapter one (Human Psyche):

- The framework of the journey
- Background on psychology
- Sigmund Freud’s psychology
- Carl Jung’s psychology
- Modern Psychology
- Ego
- Shadow
- The Spirit-Talk

Chapter two (Brain Re-Wiring):

- Understanding the power of thoughts
- The science behind thoughts
- Planning your life with “the most important questions”
- The law of resonance
- The rules of the mind
- Challenging your beliefs
- The reasons we are wired for negativity
- Visiting the origin hypnosis
- New wiring hypnosis
- The Spirit-Talk

Chapter three (Repression):

- Understating the concept of energy and chakras
- Dealing with emotional wounds
- Understanding the emotional wound of repression
- Defense mechanisms
- The impact of repression
- Repression and root chakra
- Visiting the origin hypnosis
- The gift and the solution
- Training yourself
- New wiring hypnosis
- The Spirit-Talk

Chapter four (Denial):

- Understanding the emotional wound of denial
- Types of denial
- Signs of denial
- Denial and sacral chakra
- Visiting the origin hypnosis
- The gift and the solution
- Training yourself
- New wiring hypnosis
- The Spirit-Talk

Chapter five (Shame):

- Understanding the emotional wound of shame
- The emotional brain vs the analytical brain
- The shame cycle
- The compass of shame
- Reactions to shame
- Impacts of shame
- Shame and the solar plexus chakra
- Visiting the origin hypnosis
- The gift and the solution
- Training yourself
- New wiring hypnosis
- The Spirit-Talk

Chapter six (Rejection):

- Understanding the emotional wound of rejection
- Types of rejection
- Origin of rejection
- Reactions of rejection
- Rejection and the heart chakra
- Visiting the origin hypnosis
- The gift and the solution
- Training yourself
- New wiring hypnosis
- The Spirit-Talk

Chapter seven (Guilt):

- Understanding the emotional wound of guilt
- Myths about guilt
- Guilt complex
- Guilt types
- Guilt and the throat chakra
- Visiting the origin hypnosis
- The gift and the solution
- Training yourself
- New wiring hypnosis
- The Spirit-Talk

Chapter eight (Separation):

- Understanding the emotional wound of separation
- Forms of separation
- Separation and the third eye chakra
- Visiting the origin hypnosis
- The gift and the solution
- Training yourself
- New wiring hypnosis
- The Spirit-Talk

Chapter nine (Your Pathway):

- Crown chakra
- Attractor fields
- The chain of being
- Levels of consciousness
- Types of selves
- The final manual

Description of the journey:

This journey is designed to take the participants into an inner world where they will be able to understand themselves more from the psychological perspective, understand the turbulences that could be happening in their energetic fields and also have a spiritual way to overcome their deepest wounds

General aim of the journey:

The main aim of the journey is for participants to understand why they feel what they feel and learn ways to come out of it much lighter and vibrant. It is about giving them tools for more self-awareness and being able to help themselves when things seem to be out of control.

This journey is addressed to:

Anyone who is interested in self-healing and the structure of the journey guarantees that there is no need for any previous knowledge or certificates to be able to join but just a deep desire and will for change