



IN Standards & Curriculum for: “NLP Trainer, IN”

The qualification "NLP Trainer, IN" consists all in all of at least 390 hours/54 days NLP training. The admission requirements for the module "NLP Trainer, IN" are the modules: "NLP Practitioner, IN" (130 hours/18 days) and "NLP Master, IN" (130 hours/18 days). The module "NLP Trainer, IN" consists as well of 130 hours/18 days NLP training. At least 1 year of NLP experience since the beginning of the certification training "NLP Practitioner, IN" is required. The training module "NLP Trainer, IN" consists of 15 hours supervision regarding the self-organized seminar, a practical testing and an individual Trainer Conception as written testing

Special requirements for the conducting “NLP Master Trainer, IN”: A seal entitled “NLP Master Trainer, IN” who offers a “NLP Trainer, IN” training needs to have assisted in a "NLP Trainer, IN" Training (18 days) before he himself offers this and his very first "NLP Trainer, IN" training needs to be designed and conducted at least by 2 “NLP Master Trainer, IN”.

Prerequisites

IN sealed 'NLP Practitioner, IN' and 'NLP Master, IN' certificates, as well as a minimum of 1 year of experience with NLP since the beginning of the NLP Practitioner training.

Abilities of a 'NLP Trainer, IN' and Criteria for Evaluation and Certification

- demonstration of: rapport abilities, the ability to use and explain techniques and contents, and the capacity to distinguish and alternate between form and content
- professional self-management, emotional stability, stress resistance
- behavioral competency in overt and covert use of NLP methods
- behavioral integration of the basic assumptions of NLP in group settings
- ethical, systemic work with individuals and groups, the utilization of group processes and resources of participants, as well as competency in group facilitation and conflict management
- regulation of contents and processes on all logical levels
- knowledge of psychological and neurobiological concepts, psychotherapeutic methods, and popular models of communication, as well as their integration within the NLP model

Required training contents

- Multi-Level Communication / to set and change frames / Pre-framings
- professional state- and self-management, charisma (especially regarding management skills)
- leadership, complexity management, leading with values
- to initiate and to use unconscious learning processes
- meta-learning
- motivation and self-motivation
- verbal and nonverbal pacing and leading with groups and individuals on many levels and with different methods

- group dynamics / to initiate and to affect group processes / to create experiences with groups
- energy choreography (relaxation and games)
- creation of an atmosphere conducive to learning
- planning of a seminar (concept, design, exercise design, creation of teaching aids, pre-framing, leading, process instructions)
- preparation, organization and evaluation of demonstration
- presentation design:
 - frames for beginnings and endings
 - outcome formulation
 - comparison between outcomes and results
 - information presentation styles
 - methodical planning of presentations including the consideration of different representational systems, meta-programs, learning strategies, chunking of information and experiences
 - Grinder-format including 4Mat, Bandler-format Nested Loops
 - to constitute fascination
 - states of power
 - anchoring
 - use of visual presentation techniques (FC, beamer, overhead, pin boards)
- Exercise design:
 - outcome definition of the exercise
 - metaphoric process instructions and pre-framings
 - overt and covert learning
 - integration and utilization of already learned material
 - responding to questions using Meta-Programs
- discernment between perception and interpretation in group processes
- skills in giving feedback on different levels to groups and individuals /
- sense-specific feedback for groups and group processes
- testing competence (to control learning processes)
- demonstration of competence in using the NLP-techniques
- ethics and ecology
- outcome oriented elaboration of one's own model of the world
- flexible adaptation to the abilities of the group, future pace of the learning results
- skills in conducting different types of interventions for individuals and groups
- utilization of disturbances, critique, rejection, and problematic behavior of group members
- skills in outcome oriented use of covert communications
- trainer profile
- coaching competence
- Graves-model
- marketing
- assessment of demand
- changes in complex systems
- methods for organizational development and knowledge management
- at least two presentations of more than 20 minutes each in front of a qualified group with at least six participants, including specific objectives and feedback provided by the group and the Master Trainers.

Note: The Trainer course aims to teach the fundamental NLP presentation and training skills. These are based on the contents of the 'NLP Practitioner, IN' and 'NLP Master, IN' courses, yet the contents themselves are neither part of the Trainer course curriculum nor of the final assessments.

Written assessment

The mandatory written testing assesses the integration of the required training contents and ensures high quality learning. The test should reveal the comprehension and integration of the contents.

Contents and form of the written assessment are chosen by the NLP Master Trainer.

Behavioral Assessment

Contents and form of the behavioral assessment are chosen by the NLP Master Trainer and are tailored to the relevant experiences of the participants.

The behavioral assessment enables the participants to congruently display their behavioral integration of the NLP training skills.

The 'NLP Trainer, IN' certificate must include the following:

1. the title of the correct qualification: "NLP Trainer, IN"
2. the duration of the course with precise information regarding training days and hours (at least 130 hrs./18 days or with the obligatory prerequisite for attending of the 130 hrs./18 days for "NLP Practitioner, IN" and the 130 Hrs./18 days for "NLP Master, IN" this sums up to 390 hrs./54 days)
3. the date of the first and last day of the course
4. a statement that all IN guidelines have been met
5. the IN seal (sticker with IN logo and seal number)
6. the signature of the "NLP Master Trainer, IN"

For more details, please see the [“IN Certification Guidelines”](#)

Training content for the qualification: We highly recommend to list the complete trained main content (see the above curriculum) and the content (including "NLP Practitioner, IN" and "NLP Master, IN") and the complete 360 hrs./54 days of training that is needed for the qualification "NLP Trainer, IN" on the backside of the certificate or on a separate signed document.

The following statement is optional for an IN sealed certificate:

"Because of the high quality of this training it may be recognized as ECTS credit points in academic studies in psychology with a focus on NLP."

More Details regarding certification

A training hour has 60 minutes. Breaks longer than 30 minutes are not counted as training time. A training group has at least 6 members (counted without assistants or "NLP Master Trainer, IN"). We highly recommend assistants for trainings bigger than 10 participants. An IN certification training with IN sealed certificates (sticker with IN logo and seal number) has to be conducted at least 80% of the time by an approved "NLP Master Trainer, IN". The remaining up to 20% of the training can be conducted under his supervision and responsibility. For the list of appointed "NLP Master Trainer, IN" please see: www.nlp-institutes.net/show/seal.php

For more details please see the [“IN Certification Guidelines”](#)