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## **“Hypnosis Master Trainer, WHO”**

**Only the Appointment Commission of the WHO can appoint someone as seal entitled „Hypnosis Master Trainer, WHO“ in the 3 forms described below.**

In countries with an WHO President or WHO Ambassador these local experts and WHO Representatives scrutinize the experience and documents (CV, Certificates) that proof the needed qualifications (Standard Requirements or Equivalent). They inform the WHO Appointment Commission about the results. Appointment is only possible through the WHO Appointment Commission.

**The WHO has 3 levels of “Hypnosis Master Trainer, WHO”.**

**1. „Hypnosis Master Trainer, WHO“ as Head of an experienced WHO Member Institute**

Standard Requirements: Hypnosis Trainer with much experience, that means that they have already conducted at least 7 “Hypnosis Technician, WHO” with 4 days each, 5 “Hypnosis Practitioner, WHO” with 8 days each and 3 “Hypnosis Master, WHO” with 12 days each or equivalent (all in all at least 114 days/780 hrs.).

The yearly membership fee is 250 € (150 € for the Institute and 100 € for each „Hypnosis Master Trainer, WHO“ on this level as Head of an experienced WHO Member Institute).

**2. "Hypnosis Master Trainer, WHO" in cooperation with an "Experienced WHO Member Institute"**

Standard Requirements: “Hypnosis Trainer, WHO”, Assistance experience, Supervision and some training experience (or equivalent) and a cooperation with an experienced WHO Member Institute that supports her/him during her/his first minimum of 114 days of Hypnosis standard trainings (7 Technician + 5 Practitioner + 3 Master). Up to now we do not have any standard cooperation contracts and leave this to the cooperating partners. The cooperation is usually in the form of supervision, counselling, Hypnosis and/or mentoring.

To support Hypnosis trainer after their „Hypnosis Trainer, WHO“ qualification with Mentoring, Supervision, Counselling, or Hypnosis during their first 114 training days was one of the foundation principles of the WHO.

The yearly membership fee is 250 €.

**3. "Hypnosis Master Trainer, WHO" as additional trainer at an "Experienced WHO Member Institute"**

Standard Requirements: “Hypnosis Trainer, WHO”, Assistance experience, Supervision and some training experience (or equivalent) who seal in the name of the Experienced WHO Member Institute under the responsibility of the Leader of this Institute. Certificates of these “Hypnosis Master Trainer, WHO” are certificates of the Experienced WHO Member Institute. These “Hypnosis Master Trainer, WHO” seal only for the experienced WHO Member Institute under supervision of the Head of the experienced WHO Member Institute.

The yearly membership fee is 100 €.

In the first membership year, the membership fee is reduced according to the amount of month. Only these 3 membership levels are entitled to seal. Every seal entitled WHO member is shown in alphabetically order under: [www.World-Hypnosis.org/show/seal.php](http://www.World-Hypnosis.org/show/seal.php)



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You find a listing of all seal entitled "Hypnosis Master Trainer, WHO" according to countries under: [www.World-Hypnosis.org/show/search.php?seal=checked](http://www.World-Hypnosis.org/show/search.php?seal=checked)

Only "Hypnosis Master Trainer, WHO" who are listed there have the right to seal.

The online WHO membership application: [www.Hypnosis-institutes.net/smart\\_application/reg.php](http://www.Hypnosis-institutes.net/smart_application/reg.php)

A "Hypnosis Master Trainer, WHO" has as prerequisite for his appointment at least 1.120 hours of training experience. A Head of an experienced WHO Member Institute at least 1.540 hours. For more details, please see the table below.

**Requirements for the appointment of a seal entitled „Hypnosis Master Trainer, WHO“**  
in the 3 variations:

- a) „Hypnosis Master Trainer, WHO“ **at an Experienced WHO Member Institute**
- b) „Hypnosis Master Trainer, WHO“ **in cooperation with an Experienced WHO Member Institute**
- c) „Hypnosis Master Trainer, WHO“ **as Head of an Experienced WHO Member Institute**

<b>Standard requirements (or equivalent)</b>	<b>Extend</b>
<b>1. „Hypnosis Technician, WHO“:</b> min. 30 hours/4 days	30 hrs./4 days
<b>2. „Hypnosis Practitioner, WHO“:</b> min. 60 hours/8 days	90 hrs./12 days
<b>3. „Hypnosis Master, WHO“:</b> min. 90 hrs./12 days	180 hrs./24 days
<b>4. „Hypnosis Trainer, WHO“:</b> min. 135 hrs./18 days	315 hrs./42 days
<b>5. „Hypnosis Coach, WHO“:</b> min. 120 hrs./16 days	435 hrs./58 days
<b>6. Assistant in Technician, Practitioner, Master, Trainer and Coach:</b> min. 435 hrs./ 58 days (Prerequisite: "Hypnosis Trainer, WHO")	870 hrs./116 days
<b>7. Hypnosis/Supervision</b> referring to "Hypnosis Master Trainer, WHO": min. 30 hours (may be part of "Hypnosis Trainer, WHO" or assistance)	900 hrs. /+=4 days
<b>8. Hypnosis experience:</b> min. 150 hours (may be part of assistance)	1.050 hrs. /+=20 days
<b>9. On the foundation of 1-8 there are 3 membership levels</b>	
a) „Hypnosis Master Trainer, WHO“ <b>at an Experienced WHO Member Institute:</b> under the guidance of a Head of an Experienced WHO Member Institute - see c)	a) 1.050 hrs./140 days
b) „Hypnosis Master Trainer, WHO“ <b>in cooperation with an Experienced WHO Member Institute</b>	b) 1.050 hrs./140 days
c) „Hypnosis Master Trainer, WHO“ <b>as Head of an Experienced WHO Member Institute</b>	c) 1.830 hrs./254 days

The online WHO membership application: [www.Hypnosis-institutes.net/smart\\_application/reg.php](http://www.Hypnosis-institutes.net/smart_application/reg.php)



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## Requirements for Assistant (6. in the table above)

**Assistance** is needed as one of the requirements for the appointment of a “Hypnosis Master Trainer, WHO”. Assistance is needed in the trainings of „Hypnosis Technician, WHO“, “Hypnosis Practitioner, WHO”, “Hypnosis Master, WHO”, “Hypnosis Trainer, WHO” and “Hypnosis Coach, WHO”.

**The Time as Assistant** in a training of a “Hypnosis Master Trainer, WHO”, which is required for the appointment of a seal entitled membership level, needs to take part **after a “Hypnosis Trainer, WHO” training**. A “Hypnosis Trainer, WHO” training is needed as prerequisite in order to ensure the needed quality of professionalism for observing on trainer level the interaction between the „Hypnosis Master Trainer, WHO“ and the participants of the Hypnosis training.

**Practical examination** is within the time as assistant through multiple presentations in the training under supervision, Hypnosis or mentoring for a respectively limited time and a respectively limited task with always 360 degree feedback.

**A written examination** is an appropriate written report in which the assistant demonstrates his or her learning experience in a professionally qualified manner.

**Exceptional regulations;** In substantiated exceptional cases with respective competencies an assistance can take part through conducting trainings in close and intensive cooperation with the head of an experienced WHO Member Institute and under close and intensive Hypnosis, supervision or mentoring. These exceptional cases need permission in each individual case through the training commission of the WHO.

In addition, we have started a Commission for this topic where we try to find out how much supervision and guidance is needed for participants after a “Trainer Hypnosis, WHO” qualification to offer the first 4 days WHO qualification: “Hypnosis Technician, WHO”. This is the Commission: **Supervision and Guidance for “Basic Hypnosis Master Trainer, WHO”**.  
Chair: Nandana from Germany, [president@Hypnosis-institutes.net](mailto:president@Hypnosis-institutes.net)

**More details** regarding the requirements of Assistants are discussed in the training commission of the WHO. To certify and seal the qualification as Assistant in the needed Hypnosis trainings is highly recommended. The certificate needs the statements: “The Assistant ...(name)... has professionally conducted several times small parts of the training under supervision and with feedback where he has successfully proven his qualification as “Hypnosis Technician Assistant, WHO” (“Hypnosis Practitioner Assistant, WHO”, “Hypnosis Master Assistant, WHO”, “Hypnosis Trainer Assistant, WHO”, “Hypnosis Coach Assistant, WHO”).